MarketUnclouded

THE USER GUIDE · 2026 EDITION

How to Use Unclouded Journal

A step-by-step guide to the Market Unclouded trading journal: import your broker's trades, tag every setup, read your edge stats, use the daily risk guard, and run a weekly review that shows what to keep and what to cut.

Five numbers to review every week. All on one screen.

1	Net P&L	Where you stand
2	Profit factor	Your edge in one number
3	Expectancy	What a trade is worth
4	Best time of day	When you trade best
5	Broke-rules P&L	What discipline costs

Market Unclouded LLC

By Daniel Higgins

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How to Use Unclouded Journal

The Unclouded Journal User Guide · 2026 Edition
By Daniel Higgins · Market Unclouded LLC

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This guide and Unclouded Journal are for record-keeping and education only. They are not investment, tax or financial advice, and nothing here is a recommendation to buy or sell any security. Unclouded Journal works out its figures from the files you import and the trades you enter; broker exports differ and an import can go wrong, so always check results against your broker statements and tax forms. Past results, including any statistics the journal shows you, do not predict future results. Trading involves substantial risk of loss. Every example in this guide uses a sample account generated for illustration; none of it is a real trading record.

Open the journal at marketunclouded.com/trading-journal-app. Questions or feedback: support@marketunclouded.com · Follow @MarketUnclouded on X.

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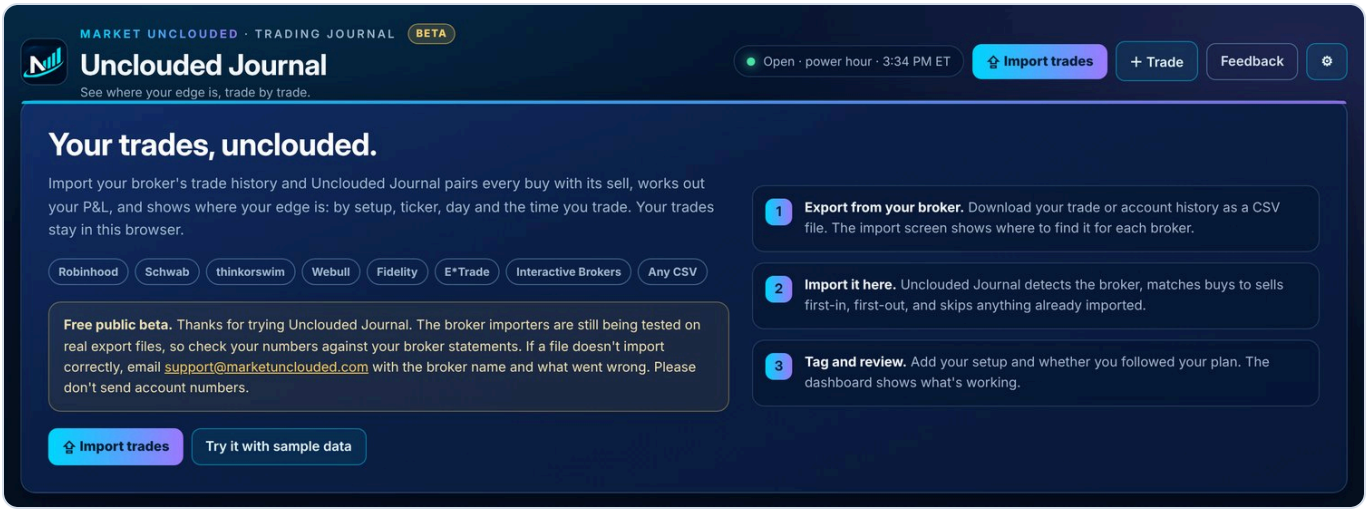
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CHAPTER 1

Quick start: from broker file to first review

About five minutes, with nothing to install.

Unclouded Journal answers the questions a trading log should answer: **am I actually making money, where does it come from, and what is costing me?** It runs in your browser at **marketunclouded.com/trading-journal-app**. Your trades are saved in that browser on your device, not on our servers.



The welcome screen. Import your own file, or tap Try it with sample data to explore a ready-made account first.

1. **Look around first (optional).** Tap **Try it with sample data**. Every screenshot in this guide comes from that sample account, so you can follow along. Remove it later in ⚙ Settings.
2. **Export from your broker.** Download your trade or account history as a CSV file. Chapter 2 lists where to find it for each broker.
3. **Import it.** Tap **Import trades**, choose the file and check the preview, then tap **Add to journal**. Buys are matched to sells automatically.
4. **Set your limits.** In ⚙ Settings, enter your daily goal, max daily loss and max trades per day. The risk guard uses them (Chapter 5).
5. **Tag your trades.** Tap any trade in the journal to add its setup and mark **Followed plan** or **Broke rules** (Chapter 3). This is what makes the setup and discipline stats work.
6. **Review.** Pick a date range at the top and read the cards from top to bottom. Chapter 11 has a ten-minute weekly routine.

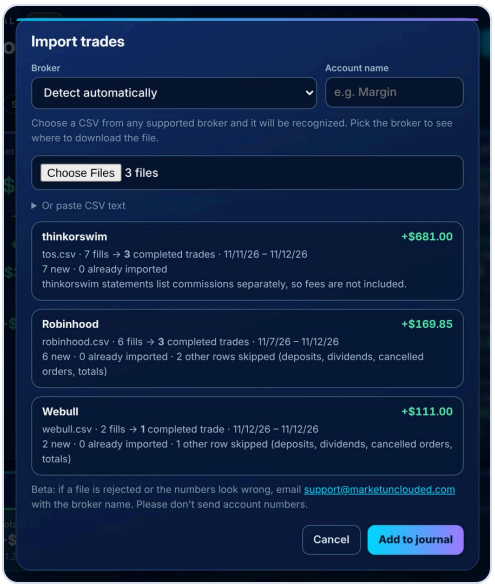
KEY TAKEAWAYS

- Import as often as you like. Trades already in the journal are skipped, so your tags and notes are never overwritten.
- Every card follows the date range you pick: Today, Week, Month, 3M, YTD or All.
- The journal reports what happened. It doesn't place trades, give signals or tell you what to buy.

CHAPTER 2

Import your trades

Download a CSV from your broker, drop it in, and check the preview before you add it.



Three files at once: thinkorswim, Robinhood and Webull, each recognized, with fills, completed trades and P&L found.

How to import

1. Tap **Import trades**.
2. Leave Broker on **Detect automatically**, or pick your broker to see where its export lives.
3. Optionally type an **Account name** such as "Margin" or "IRA" to keep accounts apart.
4. Choose one or more CSV files. You can also paste CSV text under **Or paste CSV text**.
5. Read the preview for each file: fills found, completed trades, date range, P&L, and anything skipped.
6. Tap **Add to journal**.

WHAT GETS SKIPPED

Rows that aren't trades, such as deposits, dividends, cancelled orders and totals, are skipped and counted in the preview. Trades you've already imported are skipped too.

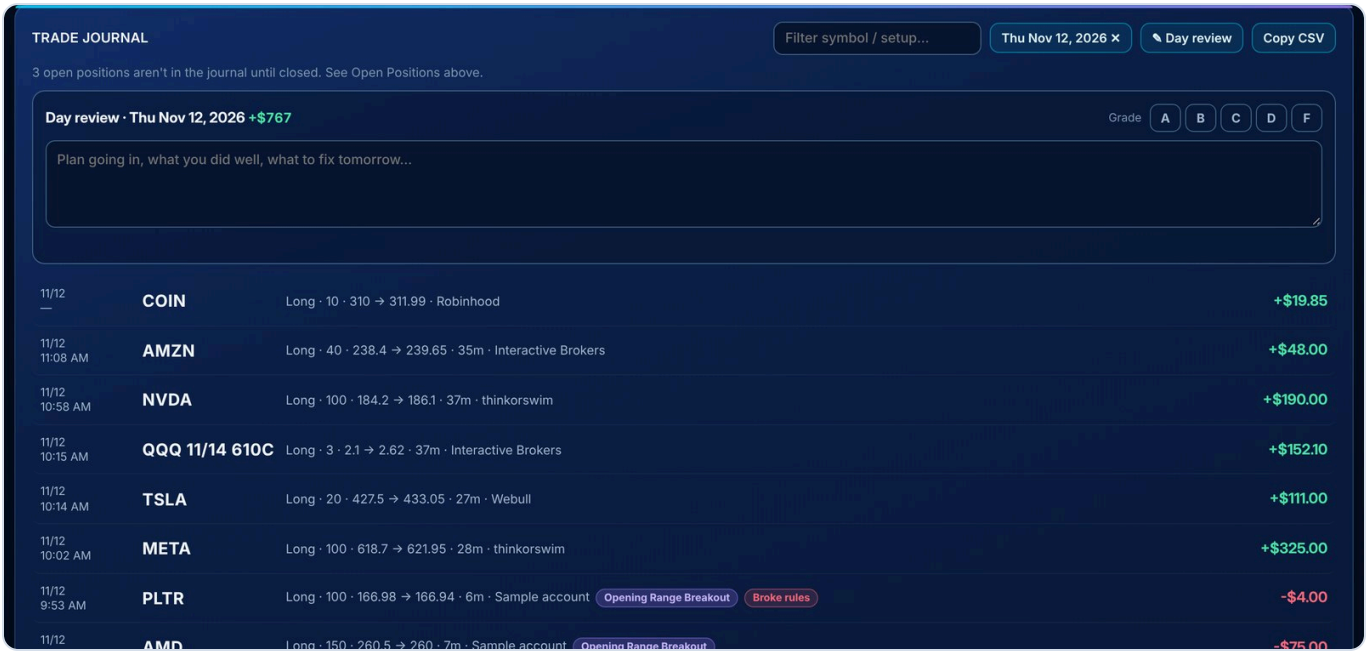
Where to find the file

Broker	Where to download it	Time of day?
Robinhood	Account → Reports and statements → Reports → Account activity (CSV)	Dates only
Charles Schwab	Accounts → History → Transactions → Export (CSV)	Dates only
thinkorswim	Monitor → Account Statement → set date range → Export to File (CSV)	Yes
Webull	Menu → Orders → Order history → Export (CSV)	Yes
Fidelity	Accounts → Activity & Orders → History → Download (CSV)	Dates only
E*Trade	Accounts → Transactions → Download (CSV)	Dates only
Interactive Brokers	Performance & Reports → Flex Queries → Trades (CSV, include Date/Time)	Yes
Any other broker	Unclouded Journal template: date, time, symbol, side, qty, price, fees, or one row per closed trade with a pnl column	If you add it

Menu names change from time to time; the import screen always shows the current path for the broker you pick. Broker names are trademarks of their owners. Market Unclouded is not affiliated with any broker.

What the import does with your file

Step	What happens
Recognizes the broker	Reads the column headers and picks the right importer. If it can't tell, pick the broker yourself or use the template.
Matches buys to sells	Fills are paired **first-in, first-out** into completed round trips, including scale-ins, partial exits and shorts. A trade appears in the journal once it is closed.
Handles options	Contracts are shown in full, such as **SPY 11/14 690C**, with the 100-share multiplier applied. Expired, assigned and exercised contracts close the position where the broker reports them.
Takes out fees	Commissions and fees are subtracted when the export includes them. thinkorswim statements list commissions separately, so those imports don't include fees.
Skips duplicates	Re-importing the same file, or an overlapping date range, never double-counts a trade.
Keeps the time	Exports with times (thinkorswim, Webull, IBKR) feed the time-of-day view. Date-only exports count everywhere else.



One day in the journal with trades from several brokers and accounts, including option contracts.

SEVERAL ACCOUNTS

Give each import an account name and the journal keeps them apart. Use the account menu at the top of the dashboard to see one account or all of them together.

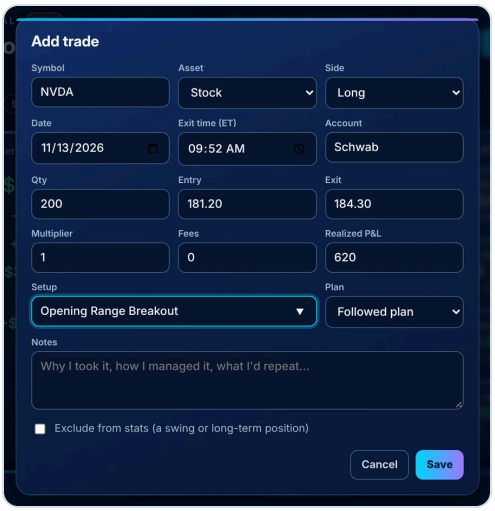
IF THE NUMBERS LOOK WRONG

The most common cause is a missing earlier buy: if your file starts after you opened a position, the sale has nothing to match. Export a longer date range and import again; duplicates are skipped. If a file still won't import correctly, email support@marketunclouded.com with the broker name and what went wrong. Please don't send account numbers.

CHAPTER 3

Add, tag and fix trades

Tags turn a list of trades into answers about your setups and your discipline.



+ Trade: a manual entry with setup and plan filled in. Realized P&L is worked out from qty, entry and exit.

Add a trade by hand

Use **+ Trade** for a broker without an export, or a trade the file missed. Enter the symbol, asset type (stock, option, ETF, future or crypto), side, date, exit time, account, quantity, entry and exit. For options, enter prices per share as quoted; the multiplier of 100 does the rest. You can also type the realized P&L directly instead of prices.

Open a trade to tag it

Tap any row in the Trade Journal to open it. You'll see its net P&L, average entry and exit, hold time and fills, then three things to fill in:

- **Setup:** pick from the list or type your own. The list includes Opening Range Breakout, Open Drive, Gap & Go, Gap Fill, VWAP Reclaim, VWAP Rejection, Pullback to EMA, Breakout, Breakdown, Reversal, Momentum Scalp, Earnings Play, News Catalyst and Power Hour.
- **Plan: Followed plan** or **Broke rules**. Be honest; this tag drives the discipline numbers. Tag the same day, and keep your setup list short.
- **Notes:** why you took it, how you managed it, what you'd repeat.

Exclude a trade

Tick **Exclude from stats** for a swing or long-term position you don't want mixed into your day-trading numbers. It stays in the journal, marked *excluded*, but leaves every stat and chart.

Fix or delete

Manual trades can be edited or deleted from the same window. Imported trades keep their prices from the broker file; tags, notes and the exclude box are always yours to change.

Find trades fast

Type in **Filter symbol / setup…** at the top of the journal, or tap a day on the calendar to see only that day. **Copy CSV** copies the whole journal for a spreadsheet.

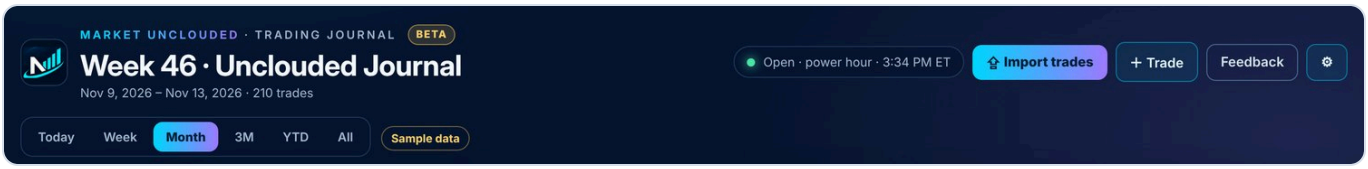


An imported trade opened, tagged and noted.

CHAPTER 4

Your P&L at a glance

Pick a range, then read the dashboard from the top down.



The header: market clock, Import trades, + Trade, Feedback and ⚙ Settings, with the date-range chips below.

Date range. Today, Week, Month, 3M, YTD and All change every card on the page. **Account.** If you've imported more than one account, a menu next to the chips shows one account or all together. The **market clock** shows whether the market is open, in pre-market or closed, in Eastern time.



The top of the dashboard with the sample account: Realized P&L, Risk Guard and Edge Stats, then the equity curve and ticker leaderboard.

The Realized P&L card

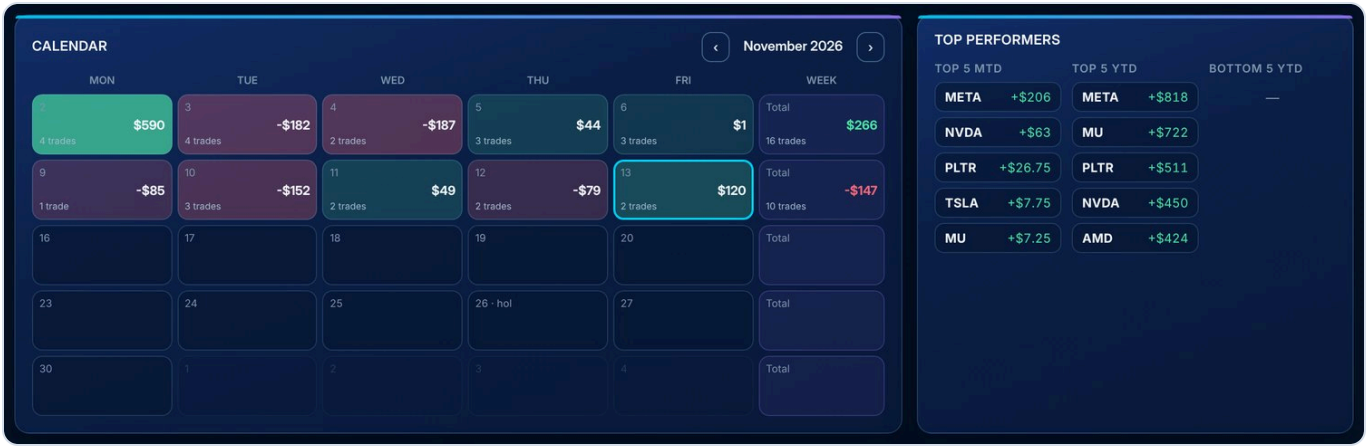
Line	Sample	What it tells you
Today / Week / Month	+$120 / −$147 / +$119	Closed-trade profit or loss after fees, for the calendar period. These ignore the range chips, so they're always visible.
Year to date	+$3,591	Also shows days traded (86) and average P&L per day traded ($41.76).
Year-end projection	+$4,116	Year-to-date P&L ÷ market days elapsed × market days in the year: $3,591 ÷ 219 × 251. A pace check, not a forecast.

Equity curve, daily P&L and the calendar

Equity curve. Your running total of realized P&L across the range. A steady climb with shallow dips is the goal; long flat stretches or sharp drops are worth a look in the journal. Point at the line to see the date and total.



Daily P&L: one bar per trading day, green for winning days and red for losing days. Point at a bar for that day's P&L and trade count.



The calendar and Top Performers. Shading gets stronger with the size of the day's P&L. The last column totals each week.

Calendar. Move between months with ‹ and ›. Tap a day to filter the Trade Journal to that day; tap the ✕ on the date chip to clear it. A small letter on a day is its grade from the day review (Chapter 8).

Ticker leaderboard and Top Performers. Net P&L, trade count and win rate by symbol for the range, plus your top five tickers this month and this year and your bottom five. If the same name keeps showing up at the bottom, consider taking it off your watchlist.

KEY TAKEAWAYS

- The top card's period totals don't change with the range chips; everything below them does.
- Big red bars on the daily chart are the first days to open in the journal: what happened, and was it one trade or many?

CHAPTER 5

The risk guard

Your daily limits, checked against today's closed trades.

Most bad months start with one bad day that got worse. The risk guard compares **today's realized P&L** and **today's trade count** with three limits you set in ⚙ Settings: a **daily goal** (default $500), a **max daily loss** (default $1,000) and **max trades per day** (default 10). Pick numbers that fit your account and your plan; the defaults are only placeholders.



Down $1,120 against a $1,000 limit: the guard says you're done for the day.



Up $740 against a $500 goal: protect the green.

The meter runs from your max loss on the left to your goal on the right, with today's P&L filling in from the middle. Below it are trades taken against your limit and progress toward the goal.

Message	When it appears and what to do
Within plan · $X risk left today	You're inside your limits. The dollar figure is how far you are from your max loss.
$X left before max loss. Size down.	You're close to the max daily loss. Trade smaller or stop.
Max daily loss hit. Done for the day.	Today's loss has reached your limit. Close the platform.
Daily goal hit. Protect the green: cut size or stop.	You've reached your goal. Giving back a good day is a common leak.
Trade limit reached. Step away from the screen.	You've taken your maximum number of trades.
Market closed today	Weekends and market holidays.

KEEP IT CURRENT

The guard only knows about trades in the journal. During the session, import a fresh file from a broker with intraday exports, or add trades with + Trade as you close them. It reads realized P&L only; open positions aren't counted.

CHAPTER 6

Edge stats

Eight numbers that say whether your trading has an edge, and how big it is.



Edge stats for the sample account, year to date. Tiles turn green or red with the sign of the number.

Edge stats cover every closed, non-excluded trade in the range you picked. Read them together: no single number tells the whole story.

THE TWO THAT MATTER MOST

Profit factor above 1.0 means winners outweigh losers in dollars. **Expectancy** is what the average trade is worth after fees. If both are positive over a large sample, you have an edge worth protecting.

SAMPLE SIZE

Twenty trades can look great or terrible by chance. Look for at least 50–100 trades before you trust a percentage, and more before you change your approach because of one.

Stat	Sample	What it means
Net P&L	+$3,591	Total realized profit or loss after fees, with the number of trades (210).
Win rate	59.0%	Share of trades that made money (124 winners, 85 losers). A low win rate is fine if winners are much bigger than losers.
Profit factor	1.58	Gross dollars won ÷ gross dollars lost. Above 1.0 is profitable; 1.5 or more is solid.
Expectancy	+$17.10	Average P&L per trade, with average hold time (23 minutes).
Avg win / loss	$78.85 / $72.78	Average winner and loser, and their ratio (1.08). Combine with win rate: a 59% win rate needs a ratio of about 0.7 to break even.
Green days	57.0%	Share of trading days that finished positive (49 of 86), with your current streak.
Best / worst trade	+$609 / −$526	Your single biggest winner and loser. A worst trade near your daily loss limit is a warning sign.
Max drawdown	−$853	The largest drop from a peak in your running P&L, measured on daily closes.

CHAPTER 7

Where your edge is: time, day, setup and ticker

The same trades, sliced four ways, to find what to do more of and what to cut.



Time of Day, Day of Week, and Setups & Discipline for the sample account, year to date. Bars point right for profit and left for loss.

Card	How to read it	In the sample
Time of Day	P&L, trade count and win rate in half-hour blocks (Eastern time), bucketed by exit time. Your best block is highlighted.	9:30–10:00 made **+$3,863** on 69 trades (70%). The rest of the day lost about $270.
Day of Week	The same breakdown by weekday.	Tuesday led at **+$1,253**; Friday added only $44.
Setups	P&L, trades and win rate by the setup tags you added.	Opening Range Breakout **+$2,673** (70%); Pullback to EMA **−$582**.
Discipline	Trades tagged Followed plan vs. Broke rules.	Followed plan **+$5,191** on 148 trades; Broke rules **−$1,600** on 62.
Tickers	The leaderboard and Top Performers (Chapter 4).	META led with **+$818**.

Turning the cards into decisions

- **Trade your best window, and size down outside it.** In the sample, almost all the profit came in the first 30 minutes. A rule of "no new trades after 10:30" would have kept all of it, and a little more.
- **Drop or fix a losing setup.** A setup that loses over 30+ trades isn't bad luck. Paper-trade it, tighten the rules, or remove it.
- **Price your discipline.** In the sample, broken-rules trades cost $1,600: without them, net P&L would have been $5,191 instead of $3,591. That's the number to remember the next time you're tempted.

NO TIMES IN THE FILE?

Robinhood, Schwab, Fidelity and E*Trade exports list dates but not times, so those trades are left out of Time of Day (the card says how many). They still count everywhere else.

CHAPTER 8

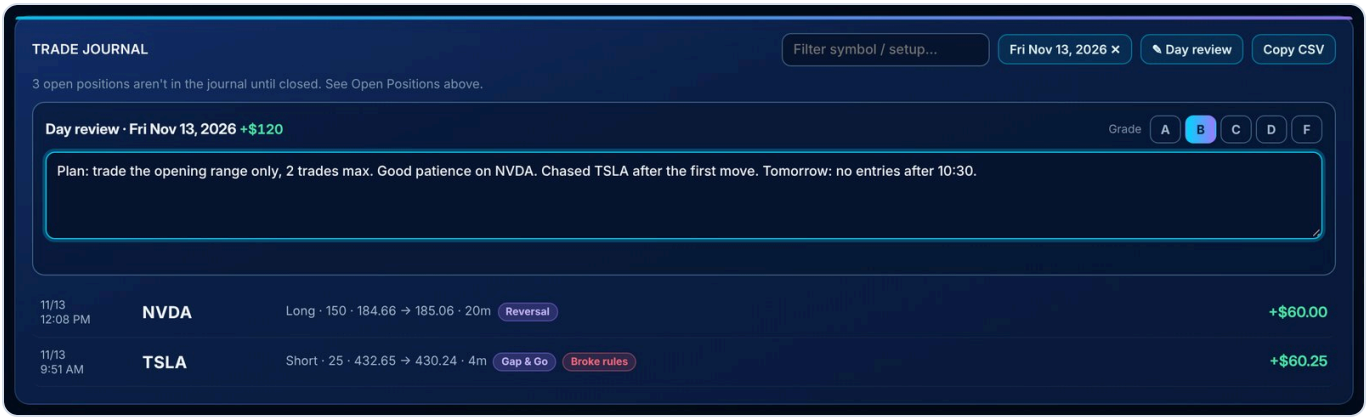
Trading habits and the day review

The patterns behind the P&L, and a two-minute habit to close each day.



Trading Habits for the sample account: hold times, trading after a loss, streaks, fees, overtrading, long vs. short and stocks vs. options.

Habit	What it checks
Hold time · win / loss	Average hold for winners vs. losers. If losers are held much longer, the card says so ("losers held 2.0× longer"): you may be hoping instead of cutting.
Trade after a loss	Win rate on trades taken later the same day after a loss, against your overall win rate. A big drop points to revenge trading.
Longest losing streak	Most losing trades in a row, by exit time. Useful for sizing: could your account handle twice this?
Fees paid	Total fees and their share of gross profit.
Over N trades / day	P&L on days you went over your max-trades setting. Usually the clearest overtrading signal.
Long vs. short, stocks vs. options	P&L, trades and win rate for each side and each asset type.
By day grade	Once you grade your days, P&L for your A days vs. your C, D and F days.



The day review for Friday Nov 13 in the sample account: a B grade and a short note, above that day's trades.

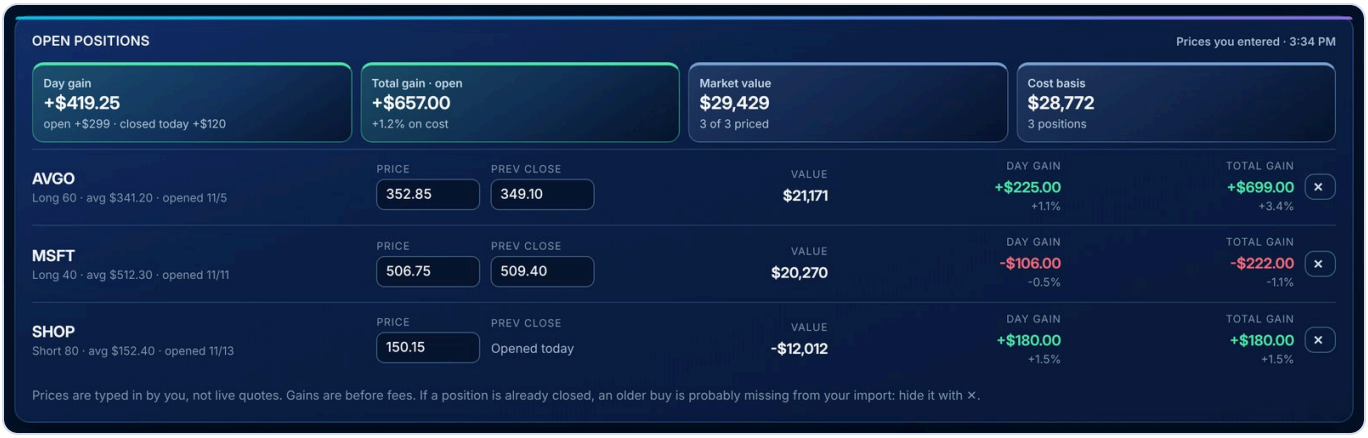
Day review. Tap a day on the calendar, then **✎ Day review** in the journal. Grade the day **A** to **F** for how well you followed your process, not for the P&L, and note your plan, what went well and what to fix tomorrow. The grade shows on the calendar.

CHAPTER 9

Open positions

What you still hold, with today's gain and the total gain since you opened it.

Anything your import shows as bought but not yet sold (or shorted and not yet covered) appears in **Open Positions** with its account, quantity, average cost and open date. Open positions stay out of the Trade Journal and your stats until they're closed.



Open Positions in the sample account: two longs and a short opened today, with prices typed in.

Field	What to do or what it shows
Price	Type the current price. Unclouded Journal doesn't fetch live quotes, so values are only as fresh as the price you enter; the card shows when you last updated it.
Prev close	Yesterday's closing price, used for today's gain. Positions opened today show "Opened today" and measure from your cost instead.
Value	Quantity × price × multiplier (negative for shorts).
Day gain	Change since the previous close, in dollars and percent.
Total gain	Change since you opened the position, against your average cost.
Summary tiles	Day gain (open positions plus trades closed today), total open gain, market value and cost basis.

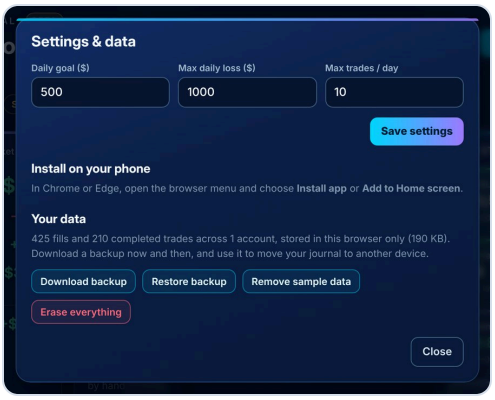
Cleaning up

- **A position you already closed?** An earlier buy is probably missing from your import, so the sale had nothing to match. Hide it with ✕, or import a longer date range. **Show hidden** brings hidden positions back.
- **An option that expired worthless** but isn't closed in your file shows **Expired · close at $0**. Use it only for contracts that expired out of the money; if one was exercised or assigned, import that from your broker instead.

CHAPTER 10

Your data, privacy and your phone

Your trades live in your browser. Back them up, move them, and take the journal with you.



⚙ Settings & data: limits, install, and backup.

Where your trades are kept

Everything you import or type is saved in your browser's storage on this device. It isn't uploaded to Market Unclouded or anyone else, and your sign-in never touches them. That keeps your trades private, but it also means:

- **Clearing your browser data erases the journal.**
- Another browser or device starts empty until you restore a backup.
- Private or incognito windows don't keep anything after you close them.

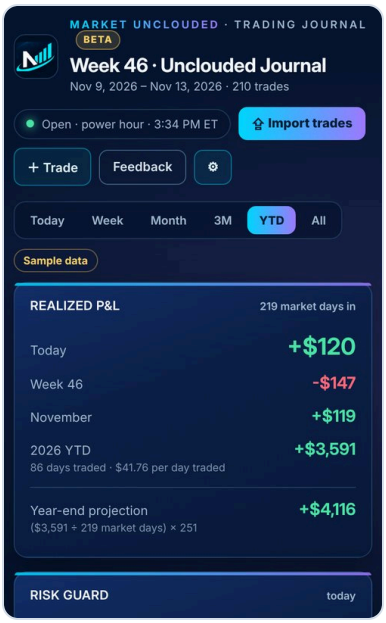
In ⚙ Settings	What it does
Download backup	Saves a file with all your fills, manual trades, tags, notes and day reviews. Do this weekly and keep it somewhere safe.
Restore backup	Loads a backup file, for example on a new computer or your phone.
Remove sample data	Deletes the sample account and leaves your own trades.
Erase everything	Deletes every trade from this browser. Tap twice to confirm. Download a backup first.

Install it on your phone

iPhone: open the journal in **Safari**, tap **Share**, then **Add to Home Screen**.
Android: in Chrome, tap ⬇ **Install app** or the ⋮ menu → **Install app**.
Computer: in Chrome or Edge, use **Install app** in the browser menu.

The installed journal opens full screen and works without a connection. Phone brokers' exports can be imported from Files or Downloads.

> **IPHONE**
> The installed app on iPhone keeps its own copy of your data, separate from Safari. Download a backup in Safari first, then restore it in the app.



The journal on a phone.

CHAPTER 11

The weekly review, with a worked example

Ten minutes each weekend turns the journal into a better plan for Monday.

Every day (two minutes): import today's trades or add them with + Trade, tag each one's setup and plan, then grade the day in the day review and write one thing to fix tomorrow.

Every week (ten minutes, on the Week or Month range)

1. **Net P&L and the equity curve.** Up, down or flat? Which day moved it most?
2. **Profit factor and expectancy.** Still above 1.0 and positive?
3. **Time of Day.** Where did the money come from, and where did it leak?
4. **Setups & Discipline.** Your best and worst setup, and what broken rules cost.
5. **Trading Habits.** Holding losers longer? Trading worse after a loss? Over your trade limit?
6. **Write one rule for next week** in Monday's day review, and download a backup.

Worked example: the sample account, year to date

Question	What the journal shows	The takeaway
Is there an edge?	Net **+$3,591** on 210 trades; profit factor 1.58; expectancy **+$17.10**	Yes, modestly: winners outweigh losers by 58% in dollars.
When does it work?	9:30–10:00 **+$3,863**, 70% winners	The first 30 minutes made more than the whole year; the rest of the day lost about $270.
What works?	Opening Range Breakout **+$2,673**; Pullback to EMA **−$582**	Focus on the opening range; rework or drop the pullback setup.
What does it cost?	Broke rules **−$1,600** on 62 trades, 26% winners	Rule-breaking trades turned a $5,191 year into $3,591.
Any bad habits?	Win rate after a loss 56.5% vs 59.0% overall; hold times even	No strong revenge-trading pattern; losers aren't being held too long.

THE RULE THIS SAMPLE TRADER WOULD WRITE

"Trade the opening range breakout from 9:30 to 10:30 only. Two broken rules in a day and I'm done." Then check next week whether it worked.

Your weekly checklist

- [ ] All trades imported and tagged with setup and plan
- [ ] Every day graded, with one note on what to fix
- [ ] Risk guard limits still match your account size
- [ ] One rule written for next week
- [ ] Backup downloaded

REFERENCE

Glossary

Terms used in the journal and this guide.

Fill	A single execution from your broker: a buy or sell of some quantity at one price.
Completed trade	A round trip: an opening fill (or several) matched with the closing fills, first-in, first-out.
FIFO	First-in, first-out: the earliest shares bought are the first ones matched to a sale.
Realized P&L	Profit or loss on closed trades after fees. Open positions are not included.
Win rate	Winning trades ÷ all closed trades in the range.
Profit factor	Gross dollars won ÷ gross dollars lost.
Expectancy	Average profit or loss per trade.
Green day	A trading day that finished with positive realized P&L.
Drawdown	A drop from a previous peak in your running P&L. Max drawdown is the largest one.
Hold time	Time from a trade's first opening fill to its last closing fill.
Setup	The pattern or reason you took a trade, such as an opening range breakout.
Followed plan / Broke rules	Your own tag for whether the trade matched your written trading plan.
Day grade	Your A–F score for how well you followed your process on a day.
Multiplier	Shares per contract. 100 for standard U.S. equity options; 1 for stocks.
Cost basis	What you paid for an open position: quantity × average cost × multiplier.
Excluded trade	A trade kept in the journal but left out of all stats, such as a long-term holding.

Figures in this guide were produced with Unclouded Journal in November 2026 using its built-in sample account, a generated set of trades for illustration. They are not real trading results. Unclouded Journal is a record-keeping and review tool.
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